



## **35 events for the 35<sup>th</sup> anniversary of the Schleswig-Holstein Gourmet Festival from September 2021 to April 2022**

The Schleswig-Holstein Gourmet Festival (SHGF) is celebrating its 35<sup>th</sup> anniversary in 2021/22, optimistically and full of anticipation! Corona has influenced our social life and continues to do so. But thanks to security measures that work, as the last season showed, the 15 member houses are looking forward to enjoyable and communicative events!

With the cornucopia of interesting guest chefs, the gourmets get to know different restaurants, cuisines and cooking-techniques. 35 events with 15 master chefs, including female star chef Sonja Frühsammer, ensure inspiring culinary experiences. David Görne (France), Rolf Fliegau and Philipp Heid (both Switzerland) and René Mammen (Denmark) bring international flair to Schleswig-Holstein. \*\*Jan-Philipp Berner, who follows Johannes King at the Söl'Ring Hof, \*\*Tony Hohlfeld from the restaurant Jante in Hanover, \*Daniel Raub with his nuanced creations and fermentation artist \*Laurin Kux will make their debut at the SHGF. There are also trend-setting oven artists who have already generated great enthusiasm in recent years and left a lasting impression: The only female star chef of Berlin, \*Sonja Frühsammer; \*\*Nils Henkel with his Nature Cuisine; Thomas Martin who is known for his purist Haute Cuisine as well as \*\*Christoph Rüffer with his perfect harmony between aromas and textures. \*\*Michael Kempf, who prepares his menus with subtle sophistication, also has many fans. Mecklenburg-Western Pomerania's undisputed number one, \*Ronny Siewert, stands for down-to-earth cuisine with first-class products. For the anniversary, we also welcome the long-time festival companion and top chef and trainer, Henri Bach.

“A big thank you to our long-term partners: Original Selters, Champagner Lanson, Rindchen`s Weinkontor, J.J. Darboven, Chefs Culinar, Niehoffs Vaihinger, Brennerei Vallendar, Valrhona and Chroma Messer. They were all at our side in difficult times and make it possible to host Germany's oldest gourmet festival”, says President Klaus-Peter Willhöft and welcomes the Marktwirtschaft Brauhaus zu Glücksburg with LYKKE beer as a new partner.

Sustainability has been one of the guiding principles of the Schleswig-Holstein Gourmet Festival since it was founded. This also includes the promotion of products from the Schleswig-Holstein region, and since this year the contract has explicitly expressed that animal welfare should be upheld.

Between September 2021 and April 2022, 15 guest chefs are at the stove with creativity and passion. On September 26<sup>th</sup> the 7<sup>th</sup> Tour de Gourmet Solitaire will take place, the popular restaurant hopping for solo travellers over 40 years of age. Together with like-minded people, the guests get to know the hotels ‘Der Seehof’ and ‘Waldhaus Reinbek’. The focus is on fun, exciting dishes, exploring new places and friendships!

For the anniversary there is a new event called ‚Glücksgefühle in vier Gängen‘ (feelings of happiness in four courses), which will take place on Friday, March 25, 2022, in the hotel ‘Friederikenof’ (Lübeck). Lanson champagne sparkles in the glass, the dishes are refined with

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Valrhona chocolate and fine l'eau de vie from Hubertus Vallendar caress the palate - the evening promises to be amusing!

Conversations in good company and enjoying the Schleswig-Holstein restaurant landscape - that is the promise of the 14<sup>th</sup> "Tour de Gourmet Jeunesse" (TdGJ) on April 2<sup>nd</sup>, 2022! The tour is aimed at young gourmets between the ages of 18 and 35. Reduced to two different members, there is now more time in each venue. Every season there is a new route, and for the first time Berger's Hotel and Landgasthof and the Boutique Hotel Wassersleben are included. There are many regulars who are enthusiastic about the concept, but also new faces: an inspiring mix!

The prices for the events are between 110 EUR and 189 EUR including menu and accompanying drinks from the SHGF partners. More information at [www.gourmetfestival.de](http://www.gourmetfestival.de).

### 35. SHGF

- 35. Schleswig-Holstein Gourmet Festival vom September 2021 bis April 2022
- Organizer since 1987 is the Kooperation Gastliches Wikingland e.V.
- 15 members and 35 events – bookings through the respective houses
- 15 guest chefs from Germany, Denmark, France and Switzerland
- Each member decides the price for the 5-course menu including accompanying drinks from the partners
- 7<sup>th</sup> 'Tour de Gourmet Solitaire' for 135 EUR including 4-courses, drinks and shuttle
- 14<sup>th</sup> 'Tour de Gourmet Jeunesse' for 110 EUR including 4-courses, drinks and shuttle
- New event: 'Glücksgefühle in vier Gängen' (feelings of happiness in four courses) for 129 EUR at Friederikenhof